

# COMMUNITIES OVERCOMING VIOLENT ENCOUNTERS



Spring Newsletter 2011

Volume 11 No. 1

## Board News

### Meet Donna Yager, New Board President



Donna has been on the COVE Board for about a year and a half. Usually a behind the scenes person, she is excited about her new opportunity as President of the COVE Board of Directors. She brings to the Board strong organizational skills, a compassionate heart, a willingness to grow and empower others to grow along with her to carry out the mission of COVE. Since being on the Board she has

become aware of the many different and difficult issues facing the women, children and men that are served by COVE.

She is head of marketing at West Shore Bank, treasurer for Zonta Club, a volunteer with Hospice and on the marketing committee for the Ludington Area Visitor & Convention Bureau. An avid camper, musician (piano & clarinet) and cross stitcher, Donna and her husband, Jerry, lead a full life.

Donna is looking forward to expanding her horizons as well as bringing more awareness and support in the community for COVE.

### Special Thank You to Kristin Bantle



Kristin served as Board president for the last 5½ years. Working with Marie Waite, her commitment, dedication and professionalism has helped COVE grow, expand their services and be more visible in the communities.

Her first job in Mason County was with (then Region 4) COVE. The needs she saw as a case worker caused her to pursue criminal justice and she became a Deputy Sheriff for Mason County.

As a volunteer, board member and later president, Sargent Bantle brought credibility and validity to those in our community who often are shadows and have no voice. We are grateful for her leadership and wish Kristin and her family great success in their new home in Colorado. We will miss them and their dedication to COVE.

## Volunteers Making a Difference

We are so blessed to have such an amazing group of dedicated, passionate, community minded volunteers. Thank you to each and every one of you! It's only with your time and talents that we are able to serve as many people as we do.



Walking for Peace

Each of you has dedicated your time, energy and resources to assist the women and children that are victims of such heinous crimes and provide shelter and safety to the homeless.

Volunteers for COVE do a variety of tasks such as child care, art therapy, flower gardening, sorting donations, assisting at group therapy for women and children, crisis line support, support at the shelter ( such as cooking a meal for the clients and their



Board of Directors Meeting

families), assistance with special events, office assistance, event planning, transportation of clients and donations, handy person for repairs around the office and shelter, putting together scrapbooks, assisting with housing and employment



Pentwater Run/Walk Volunteers

applications, serving legal papers, assisting with Legal Clinic, musicians for special events, and volunteers to assist with fund drives. We are so grateful for those that currently volunteer. Each one makes a difference in our community!

During the past year, 18 volunteers have gone through an intensive 30 hour training which enables them to work directly with clients as well as on other volunteer activities. Our

(continued on page 2)volunteers



Wine & Cheese Party

## April is Sexual Assault Awareness Month

"It's Time.....to get involved!" is the theme this year.

So often we see signs that something has happened or changed in a person's life - they dress differently, loose weight/gain weight, withdraw from normal routines or activities, seem sad or angry. We don't want to interfere or get involved and maybe we don't know what to do. But it is at these times that as a friend, co-worker, family member or even an acquaintance we **NEED TO GET INVOLVED**. No one should have to walk alone as a result of violence done to them. We as a community need to step up. Call our crisis line or find help. Be a strong voice saying this is not acceptable in our neighborhoods, schools, workplaces or the social scene.

Did you know that only 40% of the rapes are reported? In our service area there were 60 reported rapes with about 90 unreported statistically.

During April at the office we will be highlighting the **FLAG CAMPAIGN** representing the number of reported rapes in one year for our service area. **60 Teal Flags** are on display. COVE is the agency that assists the hospitals in Mason, Manistee and Oceana Counties during a rape crisis.



### Sheltering \$1 at a time!

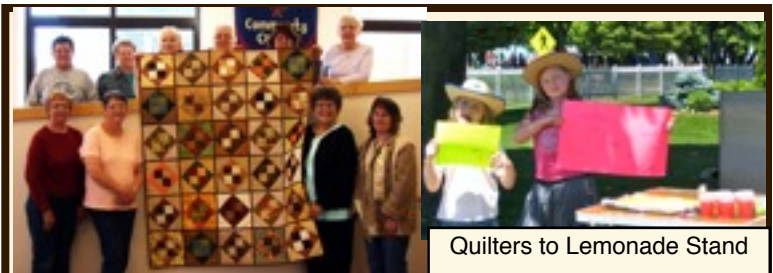
The **PURPLE HOUSES** in several local businesses in Ludington, help to remind all of us of the Shelter that is needed in the time of a storm (domestic/sexual assault and homelessness). Be part of supporting COVE as we provide the much needed safety net and support for those in need. Help wall paper the walls with **PURPLE HOUSES** during the month of April. Donate \$1, put your name or the name someone you want to honor and they will be on the wall during April.

Be part of **PURPLE HOUSES** campaign in Ludington, buy a house or several houses at -

**Family Video of Ludington - Safari Sun**

**The Book Mark - Best Choice Market**

Also, Family Video of Ludington is offering a free movie rental with a donation of needed items which will help victims of domestic violence, sexual assault and homelessness in our community. See Opportunities for Giving.



Quilters to Lemonade Stand

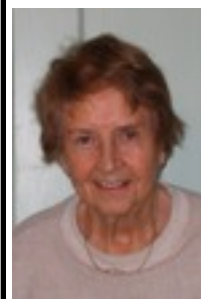
are vital in making it possible to provide a wide range of service for our clients and the community. Giving and having fun are some of the aspects those who volunteer for COVE - from a child's lemonade stand to a group of dedicated quilters to helping with events. We can't do it without our volunteers. **THANK YOU! THANK YOU**, for your time, gifts and talents.

### Opportunities for Giving

Whether it's time, money or supplies your help is always needed. Here are some ideas, but don't limit your giving to this partial list.

- Chap Stick
- Cotton swabs
- Hair Brushes
- Mouthwash
- Deodorant
- Body wash
- Facial Tissue
- Toothbrush
- Toothpaste
- Diaper (sizes 3,4,5 6)
- Wipes
- Socks
- Baby Lotion
- Baby wash
- Hair ties/barrettes
- Shampoo/con.
- Underclothing for boys & girls 2T- 12
- Digital Thermometer
- Women's sports bras-all sizes
- Gift card for shoes/specific items
- Diaper rash ointment
- Alarm clocks
- Pens
- Paper products
- Bath Towels sets
- Twin sheet sets
- Cleaning supplies
- Dial a ride tokens
- Dish ware
- Glasses
- Storage containers
- Cleaning supplies
- Detergent
- Diaper rash basket
- Deadbolt locks
- Pillows
- and more

### In Memory of Dolly Del Zoppo



A COVE volunteer for 18 years Dolly gave her time, energy and heart to the women and children who came to the Shelter. Everyone who met her was touched by her contagious smile and positive outlook. When she was around, problems weren't so dark and overwhelming. Despite physical difficulties Dolly continued to answer the crisis phone at the women's shelter 1 or 2 days a week, before retiring in November 2010. Dolly will be sorely missed by everyone whose lives she touched.

### April is Child Abuse Awareness Month

Some people assume that a person who abuses their intimate partner would not abuse their children out of love for them. However, one article shows that in 30% to 60% of families where one form of abuse is identified, the other is also present. Unfortunately, love is not a preventative and does not foreclose abuse. Likewise, the fact that children love an allegedly abusive parent is no indication that the abuse did not occur. Children often bond with the abuser; Bancroft and Silverman refer to this as "traumatic bonding". Regardless of whether or not the children are direct targets of the violence, children are harmed both physically and psychologically by the abuse of one parent by the other.

Studies indicate that children who witness abuse of one parent by the other suffer emotional problems, including slowed development, sleep disturbances, and feelings of helplessness, depression, and anxiety. Many will also exhibit more aggressive, antisocial, fearful, and inhibited behaviors. While there is no one behavior that will be observed in children who have experienced direct abuse or lived in a family where one parent has been abused by the other, there are many behavioral and physical indicators to watch for.

by Bea Rosalez & Katie Mendez

**The Fourth Annual COVE Silent Art Auction  
Presented by the Women's and Children's Support Group**

Saturday April 30th from 5 to 8p.m.  
at the Ludington Center for the Arts  
Free Admission

Art from local artists plus the women and children of the Support Group will be available to bid on during the Silent Auction. Gourmet Coffee provided by The Book Mark plus Sweet Delectables provided by Kevin's Artisan Bakery located inside of The Best Choice Market of Ludington. Come browse, enjoy, sample and take home some heart felt art.

The theme of this evening is  
"It's Time.....to get involved!"

Be part saying NO to domestic and sexual violence  
in our homes, neighborhoods, workplaces and our  
communities.



Samples of some artwork available at Silent Auction.

"Words To Live By"  
Trust is something you must earn  
And you must give it in return  
You can forgive and forget  
But if you relive you will regret  
It is said be careful what you do  
Because it may come back on you  
Do not judge before you see  
Just how a person can actually be  
Do not give up on hopes and dreams  
No matter how hard it seems  
Live everyday like it is your last  
And try not to worry about the past  
Hold on to those who you hold dear  
For tomorrow they may not be here  
Give your all and do your best  
For Life is just one great big test

-Sara Marie Gadziemski,  
October 25 2002

**COVE Women's Benefit Golf  
Scramble**

Help COVE drive out domestic violence by playing in the COVE Women's Benefit Golf Scramble coming up on Friday, June 24, 2011 at Golden Sands Golf Course in Mears, Michigan. Enjoy playing a 9-hole two-person scramble with breakfast and lunch provided and prizes for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and last place teams. For only \$40 you can enjoy golf and raise money for COVE. To register call Lynne Cavazos at 869-5939 by June 20th to ensure your place in this exciting golfing event.

**Spaghetti Benefit Dinner**

May 14th a Spaghetti Dinner will be held at the Masonic Lodge above Evergreen Health Food Store in Ludington from 4 to 7p.m. All proceeds go to COVE. \$5 for adults and children 5 and under \$ 2. Live music, face painting, 50/50 raffle and more. Thank you to the gentlemen of the Masonic Lodge for hosting this fundraiser.

**Become a Volunteer**

An hour a week, 2 hours a month or a special event, there is always something to do at COVE. Be on a committee, be trained to work with clients, use your gifts and talents to brighten another life.

By volunteering you gain: friendships, a sense of community, self esteem, experience, community involvement, meeting lots of people, and passion for our cause and much much more!

If you are interested in joining this energetic, compassionate and caring group of individuals please contact Jamie Catlett (Volunteer Coordinator) at 231-843-2541 ext.26.

**COVE Benefit Beach Walk/Run**

The 4th annual C.O.V.E. Benefit Beach Walk (5K) and Run 5K/10K Run will be held at Charles Mears State Park at 8:30 a.m. on Saturday, September 10, 2011. The 5K and 10K races will follow a course covering paved, sand and beach surfaces. Mark your calendar now.

**COVE 2011**

**Board of Directors**

- Donna Yager, President
- Susan Bradford Tripp, Vice President
- Shareen McBride-Wicklund, Secretary
- Dave Gibbs, Treasurer
- Suzanne Anthony
- Norma Gilbert
- Cathryn Grabowski
- Linda Grinnell
- Linda Haan
- Shelby Hughes
- Matt Jastrzembski
- Robert Shrauger
- Sylvia Shrauger
- Rebecca Weiner

**COVE Staff**

- Marie Waite, Executive Director
- Kathy Griffith, Financial Director
- Jamie Catlett, Volunteer Coordinator
- Frances Elkins, Grant Support
- Linda Pustay, Oceana Outreach Advocate
- Katie Mendez, STOP Coordinator
- Lori Beggs, Mason Outreach Advocate
- Bea Rosalez, Legal Advocate
- Judy Goff, Shelter Manager
- Shelter Staff
- Gail Brittain Ann Clark
- Ruth Challende Cherie Savage

906 E. Ludington Ave.  
Ludington, Mi 49431  
231-843-2541  
[www.callcove.com](http://www.callcove.com)  
24/7 Crisis Calls  
(800)950-5808

**Calendar of Events 2011**

- April - Sexual Assault Awareness Month
- Child Abuse Awareness Month
- Volunteer Appreciation Month
- April 30 - Women's Group Annual Silent Art Auction at Center for the Arts
- May 14 - Spaghetti Dinner at Masonic Lodge
- May 19 - Wine, Cheese & Hors d'oeuvres at P.M. Steamers in Ludington
- June 24 - C.O.V.E. Benefit Golf Scramble Golden Sands Golf Course
- Sept. 10 - Benefit Beach Run/Walk at Mears State Park, Pentwater
- October - Domestic Violence Awareness Month
- Oct. 8 - Pentwater Vintage Home Tour
- Nov.17 - Gift of Giving Holiday Party - Live & Silent Auction
- Dec. 11 - Afternoon Holiday Tea - Pentwater

 Join us on FaceBook - Causes - Communities Overcoming Violent Encounters



COVE  
906 E. Ludington Avenue  
Ludington, MI 49431

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**COVE's  
Spring Fund Raiser at P.M. Steamers  
Wine, Cheese & Hors d'ouerves**

Thursday, May 19th from 5 to 8

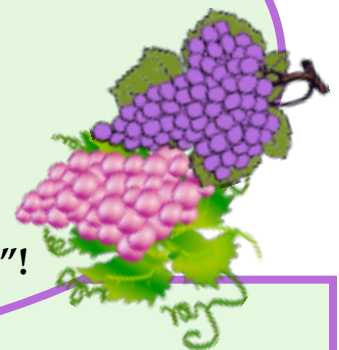
Please join us for an evening of fun, food,  
friends, and live music

featuring an assortment of wines for tasting

\$20 per person

or \$25 at the Door

Be part of providing a "Shelter in the Storm"!



A great evening to connect with friends and support a vital resource in our community.

Get your tickets in advance in Pentwater at *Durand Wine Co.* or  
in Ludington *Snyder's Shoes*, *P.M. Steamers* and the *COVE* office at 906 E. Ludington Ave. or  
contact Jamie Catlett at 231-843-2541 ext. 26

## Providing Thanksgiving to 38 Families

Great Lakes Ford and the Employees of Applebee's of Ludington teamed up to provide our clients both at the shelter and outreach with a Turkey Dinner for Thanksgiving complete with all of the trimmings. Thank you very much to all of who participated in providing 38 families with Turkey Dinners for Thanksgiving. We all know what an important time that is for families and to provide families with kindness and support during that time is priceless.

A great big Thank You goes out to all that participated!



Jamie Catlett (COVE), Sherrie Joslin (Applebee's), Great Lakes Ford - Sheri Hettiger and Chris Zeppenfeld)

## Security • Security

This year COVE received a \$3,050 grant from Occidental Chemical Corporation and \$3,000 grant from the Community Foundation for Mason County for *The Worker and Client Safety (building renovation) Project*. A new security door for the office plus alarm systems for both the shelter and the office were installed.

For COVE security is of the utmost importance since our clients and staff are sometimes threatened by the abusers of our clients.

Staff and clients very much appreciate these generous grants. Thank you very much.

## Children to Children

**United Methodist Church of Ludington** designated COVE as their January and February mission project. The theme was "*Children reaching out in Christian love to children in need.*" Gifts of socks, underwear and pajama were collected. This past year at the shelter we have had more children than ever before.

## Christmas Dinners

West Shore Bank and Meijer Inc. teamed up to make Christmas day brighter for 25 families. The the fixings for wonderful Christmas Dinners were donated by these two businesses. COVE, the families at the Shelter and outreach clients wish to say Thank You for such a delicious meal.

**The Gift of Giving... Holiday Party** is the largest fundraiser that COVE hosts throughout the year. We greatly appreciate the support of those who attended and those individuals, businesses, organizations our Annual Sponsors and our volunteers who made this event such a fun & great party and so successful. The proceeds allows COVE to provide the much needed services to our clients both at the shelter and in the outreach services. Thank you so very much for your generosity and time.



Pictures: Ludington Daily News

### The Gift of Giving Holiday Party

#### Gold Sponsors

Shelby State Bank

#### Silver Sponsors

Susan Bradford-Tripp

Floracraft

Dee Gleason

Kwik Print Plus

Meijer Inc.

West Shore Bank

#### Bronze Sponsors

Tom & Joan Clair

Don & Bobbie Clingan

Diane Gibbs

James & Connie Gillette

Art & Linda Haan

Chuck & Jane Thompson

Jack & Marge Young

#### Donors

ABC Kids

AJ's Party Port

Air Fun Kites

Amway Grand Plaza Hotel

Antler Bar

Nancy Anthony Estloa

Suzanne Anthony

Applebee's  
Auto Value - Ludington  
Bill & Mary Bantle  
Bearied Treasure  
Best Choice Market  
Big Boy  
Sable Point Lighthouse Keepers  
Gay Birchard  
Bitchen Kitchen  
Boathouse Bar & Grille  
Brass Anchor  
Business Print Inc.  
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Closson's Jewelry  
Joan Clair  
Craze  
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Dairy Queen  
Decors by Sandra  
Double J Resort  
Durrand Wine  
El Rancho  
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Ted & Teresa Gadziemski  
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Bantle & Zuzu Gibbs  
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Good Stuffs  
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Great Wolf Lodge  
Gull Landing  
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Little Ceasars  
Little River Casino & Resort  
Luciano's Ristorante  
Mac Wood's Dune Scooter Rides  
Mad Cave Bird Games  
Mancinos  
Marilyn's Style  
Maude's in Ludington  
Max & Chloe's  
Melting Sands  
Michelle's on The Avenue  
NARS Cosmetic, Inc.  
Nautical Yarns  
Janet Nelson  
Oldewick Post  
Pelican Zim  
Pentwater Pedicure Station  
Pentwater Toy Box  
PM Flora & Greenhouses  
PM Steamers  
Purple Monkey  
Raven's Men's, Women's, & Shoes  
Redoiencia Coffee House  
Rennhack's Orchard Market  
Dorothy Schramm  
Scotty's



Secret Garden  
Shanty Creek Resorts  
Snyder's Shoes  
Sportsman's Restaurant & Irish Pub  
Larry Stewart  
Sue Hopp Artistry & Glass  
The Plaza Cafe of Ludington  
The Rowe Inn  
Timeless Picture Framing  
Todd & Brad Reed Photography  
Trailhead Bike Shop  
Judy Weiers  
West Michigan White Caps  
Whippy Dip  
WSCC Performing Arts



Jean Russell, Susan MacGregor, Krisitn Bantle - Chefs of the Evening



Marjorie Green (Federal Home loan Bank of Indianapolis); Tim Hovey (Hovey Companies); Mary Sue Mahan (Board President, OHP); Chris Griffin (West Shore Bank); Renee Williams (Huntington Bank); Marie Waite (COVE); Tom Edmonston (Great Lakes Capital Fund)

## Barnett Station Apartment Complex

On a cold day in February a dedicated group of people gathered to officially bless this long awaited project. Five years in the making, the dream will finally be a reality in June. COVE and Oceana's Home Partnership worked with MSHDA to achieve this 32 unit townhouse rental development for Oceana County residents who may have special needs or otherwise unable to find safe, decent affordable rental housing. The family orientated complex is made up of 4 buildings, (18 two bedroom units and 12 three bedroom units). The development itself includes a community building building with office, computer room and exercise room, a tot lot play ground, carpools and a covered bus shelter

COVE would often have only substandard housing to offer for clients in Oceana County. Everyone is thankful to all those who are participating to make Barnett Station Apartment Complex a reality.

## Thank You to all our Donors and Sponsors! November 2010 to March 2011

Without the support of the individuals, businesses, organizations, foundations, and volunteers COVE would and could not meet its annual obligations. We do not turn anyone away from our services. Our staff goes the extra mile for the safety, guidance and support of our clients. Our staff and funds are stretched even more now as our economy is in trouble. COVE is *the safety net of last resort* for individuals and families in Lake, Mason and Oceana Counties.

### COVE ANNUAL SPONSORS

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Dave & Sandy Gibbs

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Gil & Elizabeth Hammon

##### In honor of Mrs Audrey

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Paul & Margaret Jesuale

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Paul & Margaret Jesuale

##### In Honor of Leah Mc Cann,

##### Mr & Mrs. Craig Rent and

##### Mr & Mrs. Carl Remus, Mr.

##### Brian Remus, Ms. Loraine

##### Remus

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Ann Allen

##### In honor of Sandy Gibbs'

##### Birthday

Marianne Gibbs Smith

Amy Bennett

Hal & Susan Smith

##### In honor of Bob Shrauger

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##### In Honor of Jim & Pat Scatena

Employees of FloraCraft

##### In Honor of Country Vet. Dr.

##### Glenn, Dr. Laura and Rex

##### Jonathan

Cheryl Samuels

##### Donations in Memory

##### In Memory of Jean Peterson

Wayne & Jeannie Mortensen

##### In Memory of Dolly DelZoppo

Joseph & Janet Gaghen

Norman & Anne Pettigrew

Thomas Bell & Jenny Orton

Ross Field & Jean Lewis

Thomas & Andrea Guinan

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Janet Sanders

Sarah Champagne

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Antler Bar

Durand Wine Co.

Gulls Landing

Imperial Beverage

The Boat House

The Brown Bear

The Village Pub

##### DONORS

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Women

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Danaca Tassara

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United Methodist Women

Ludington

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West Shore Bank

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Women's Fellowship Baldwin

XYZ Club